Mental health counselors work in a meaningful and stimulating profession with a tremendously diverse knowledge domain. On one hand, it’s exciting to know that there is no limit to what a counselor can learn. On the other hand, it’s challenging to keep up with such a complex and expansive profession, especially in a mental healthcare system that is rapidly evolving.

Keep calm and register for a webinar! FMHCA has lined up another qualified panel of experts in a range of relevant topics so that you can keep updated with our rapidly evolving profession. Attendance is FREE to FMHCA members as a new benefit of membership, and CEUs will be available at a nominal cost of $10 for FMHCA members or $30 for non-members. Not a member? You can join now at www.flmhca.org.
SESSION 1:

I Didn’t Go to Grad School to Chase Dollars & Cents:

Using Electronic Health Records & Web-Based Practice Management Systems to Thrive in a Third Party Payer World

Date: Friday, 1/8/16, 2:00-4:00 pm

Presenter: Aaron Norton, LMHC, CAP, CRC, CFMHE

Description: Healthcare reform is expected to benefit many clients (e.g., uninsured, low-income, or elderly clients, clients with pre-existing conditions) as well as counselors (e.g., improved integration of mental health counseling and increased demand for counselors). But as with virtually all legislation, the law of unintended consequences applies. Reform comes with a cost partially shouldered by other Americans who frequently seek counseling in private practice settings (i.e., young and middle-aged adults with relatively few pre-existing conditions). With an individual mandate to purchase insurance and higher insurance premiums, such individuals are shifting away from private pay in order to manage expenses. Increasingly, counseling is financed by insurance companies, government funds, and other third party payers, resulting in decreased pay, increased documentation requirements, and the need to conceptualize counseling form a “pathological” or medical model. Fortunately, advances in technology enable counselors to better keep up with the demands of third party payers. This 2-hour webinar provides an overview of web-based practice management systems for counselors in both private practice and agency settings who want to learn more about how technology can handle some of the business aspects of our practices so that we can focus on what matters most—cultivating a therapeutic relationship with our clients!

Link to Register: https://attendee.gotowebinar.com/register/2489550881775749378

CE Broker Tracking #: 20-529884; Publishing #: 10-1752026

Learning Objectives:
Attendees will understand:
(1) The basic features of web-based practice management systems;
(2) A brief overview of how confidentiality laws apply to web-based systems;
(3) The benefits and drawbacks of using these systems;
(4) A sample of some of the unique functions of several popular systems.

About the Presenter:
Aaron Norton is a Licensed Mental Health Counselor, Certified Addictions Professional, Certified Rehabilitation Counselor, Certified Forensic Mental Health Evaluator, and Qualified Supervisor at Integrity Counseling, Inc., a group private practice in Pinellas County, Florida, where he specializes in clinical and forensic mental health and substance abuse evaluation, cognitive behavioral therapy for anxiety and depressive disorders, motivational interviewing for addictions, and couples therapy. He is an Adjunct Instructor for the University of South Florida’s College of Behavioral & Community Sciences, Chair of FMHCA’s Education, Training Standards, & Continuing Education Committee, Past President of Suncoast Mental Health Counselors Association, and Chair of Training Development & Implementation for the National Board of Forensic Evaluators, and he is pursuing a Ph.D. in Counselor Education & Supervision at USF. You can learn more about him at www.anorton.com.
**SESSION 2:**

*The Dance of Addiction: The Complexity of Addictive Disorders*

**Date:** Friday, 3/11/16, 2:00-4:00 pm

**Presenter:** Louise Sutherland-Hoyt, LMHC

**Description:** This timely presentation presents and addresses the complexities of addictive behaviors and discusses how “addictions” are not only interactive, they can be interdependent. The course guides participants through results of research that demonstrates that treatment professionals seriously rethink treatment strategies by adopting a trauma-informed mindset and movement away from the Recovery Model. Current theory as to how addictions are formed will be discussed and a proposed shift in the language of addictions is offered so as to conceptualize treatment of addictions within the context of mental and behavioral health.

**Link to Register:** [https://attendee.gotowebinar.com/register/3282832028541890306](https://attendee.gotowebinar.com/register/3282832028541890306)

**CE Broker Tracking #:** 20-529886; Publishing #: 10-1752024

**Learning Objectives:**

1. Understand and apply concepts of interactive/complex addictions.
2. Articulate understanding that chemical and behavior addictions overlap and often interdependent.
3. Advance knowledge and understanding of recent theory of how addictions are formed.
4. Expand awareness of recent treatment approaches.

**About the Presenter:**

Louise Sutherland-Hoyt is a Licensed Mental Health Counselor with 16 years’ experience treating adolescents and adults with complex trauma and compulsive behaviors including maladaptive use of alcohol/other drugs and “process ‘addictions’”. Louise retired from the State of Nevada 3 years ago and with her husband, Brennock, moved to Bradenton, Florida where she has a private practice. Louise is an EMDR therapist and utilizes the Feeling State Addiction Protocol in the treatment of Compulsive Substance Use.
SESSION 3:

Role for Clinical Mental Health Counselors in Integrated Medicine

Date: Friday, 4/8/16, 2:00-4:00 pm

Presenter: Jim Messina, Ph.D., CCMHC, NCC, DMHS

Description: What are the opportunities for Clinical Mental Health Counselors (CMHC) as a result of the move toward integrated primary care medicine due to the enactment of the Affordable Care Act and transitions in the medical health field to Patient Centered Medical Homes (PCMH) and Affordable Care Organizations (ACO). There is the emerging role of Behavioral Health Consultant (BHC) which is a major potential role for Clinical Mental Health Counselors. In Integrated Primary Care Services the BHC’s will be called upon to do the following:

(1) Conduct Depression, Anxiety and Mental Health Assessments
(2) Address the stressors which lead folks to seek out medical attention in the first place
(3) Assist in increasing compliance of patients with the medical directives given them by primary care staff
(4) Provide wellness educational programming to help ward off chronic or severe illnesses
(5) Assist clients to cope with the medical conditions for which they are receiving medical treatment

Link to Register: https://attendee.gotowebinar.com/register/2204701503879935746

CE Broker Tracking #: 20-529888; Publishing #: 10-1752028

Learning Objectives:
Using a Case Study approach, participants will be able learn about:

(1) The different components of the ACA and how it will benefit health care consumers
(2) How the ACA will impact the organization and distribution of health care and mental health care in the future
(3) What are the Patient Centered Medical Home (PCMH) and the Affordable Care Organization (ACO) and how these structures will impact the delivery of Mental Health Services in the future
(4) The need for CMHC to become better equipped to work with primary care medical professionals
(5) The role of preventive mental health services advocated by the ACA
(6) The importance of the need for CMHC’s to become more comfortable with Behavioral Medicine, Neuroscience, Psychopharmacology, Co-morbidity of mental health issues with substance abuse and addictions and the mutual impact of physical health on mental health on one another

About the Presenter:

Since 2010, Jim has been an Assistant Professor in a CACREP Accredited Clinical Mental Health Counseling Program for Troy University at their Tampa Bay Site. Prior to that position, he has been involved in providing Behavioral Medicine interventions since 1980 when he became the Behavioral Health Consultant at United Cerebral Palsy in Tampa working with a team of Rehabilitation Specialists, Neurologists and Pediatricians for 20 years. He also worked at St Joseph’s Hospital for 5 years after he left UCP and also spent 7 years working in rehabilitation and nursing facilities with Primary Care physicians in an Integrated Care Model. He has written and spoken on the Affordable Care Act and the Integrated Primary Care Model of Behavioral Medicine since the ACA was signed into law. He has extensive coverage of this topic on his website: www.coping.us. Jim was co-founder and second President of AMHCA and was on the founding board of the NBCC. He now is the Treasurer for FMHCA and the Moderator for the Internal Medicine Community on AMHCA’s website Connections.
**Session 4:**

**Suicide Prevention: Assessment and Care of At-Risk Clients**  
(With special focus on military veterans)

**Date:** Friday, 5/13/16, 2:00-4:00 pm

**Presenter:** Lynne A. Santiago, PhD, LMHC

**Description:** Despite concentrated efforts by the Department of Defense and the Department of Veteran Affairs, suicide among our active duty service members and veterans continues to rise. Every day 22 military veterans take their own lives. In the general population, suicide is the 10th leading cause of death. Helping your clients involves understanding their risk. It requires being able to ask the necessary questions while having an open dialog. This presentation will increase your skills in conducting an empirically based risk assessment and give you tools to help your clients stay safe during periods of crisis.

**Link to Register:** [https://attendee.gotowebinar.com/register/4854201270401617922](https://attendee.gotowebinar.com/register/4854201270401617922)

**CE Broker Tracking #:** 20-529890; **Publishing #:** 10-1752030

**Learning Objectives:**

1. Gain greater understanding of risk factors associated with suicide in the general population and the military/veteran population
2. Gain additional knowledge about military/veteran vulnerability to suicide
3. Asking the question, having the dialog – learn how to recognize risk factors and assess for level of risk while in meaningful dialog with your clients
4. Learn why no harm contracts don’t work and Safety Plans do

**About the Presenter:**

Lynne Angela Santiago, PhD, LMHC – Dr. Santiago has been in the field of counseling for over 20 years, with a primary clinical focus on trauma, dissociative disorders and sexuality, working with adult survivors of childhood physical and sexual abuse. Lynne worked at the Tampa VA for six years, assisting in the development of the Suicide Prevention Program, aiding in its mission of education, outreach and veteran centered clinical work. Lynne has a private practice in Tampa, is an adjunct professor at Troy University and the University of South Florida, and is a Qualified Supervisor for Registered Mental Health Counselor Interns.
**SESSION 5:**

*How to Create a Six-Figure Private Practice*

**Date:** Friday, 6/10/16, 2:00-4:00 pm

**Presenter:** Amanda Patterson, LMHC, CAP, NCC

**Description:** This presentation will teach participants strategies in order to create a 6 figures private practice. It will discuss ways to have multiple streams of income, how to leverage social media and how to connect using creative marketing and networking strategies.

**Link to Register:** [https://attendee.gotowebinar.com/register/3040164314734061826](https://attendee.gotowebinar.com/register/3040164314734061826)

**CE Broker Tracking #:** 20-529894, **Publishing #:** 10-1752032

**Learning Objectives:**

Participants will learn:

1. How to utilize social media to build a practice
2. How to use multiple streams of income in order to achieve income goals
3. How to use your network and marketing skills to build a successful and thriving private practice

**About the Presenter:**

Amanda Patterson, LMHC, CAP, NCC is an expert in treating adults and adolescents with depression, anxiety and substance abuse. Amanda recently opened her second private practice: “Caring Therapists of Broward.” Amanda helps her clients begin on the journey of symptom relief, self-discovery and healing. Her approach is to help you clean up your past, get focused in the present and move your goals forward for the future.

Amanda utilizes a variety of techniques, including Cognitive Behavioral Therapy, stress management, increasing self-worth, inner child work, incorporation of meditation, mind/body connection, 12 step work, assertiveness training, mood management, anxiety reduction, empowerment and work/life balance. Amanda is an LMHC Qualified Supervisor for licensure. During supervision with Amanda, you will address case consultation, ethics and laws and personal growth as a therapist.

Amanda is a believer in holistic treatment and she practices veganism, meditation and yoga in her life. She is an avid reader, both related to personal development and for fun. Amanda actively participates in 5k’s and can be found working out at the local LA Fitness. Amanda serves as the chapter advisor of the Beta Tau chapter of Delta Phi Epsilon and the Cultivation team lead for the Broward Alumnae Association. Amanda is a therapist through Personal Development Community Organization, where they offer a variety of courses throughout the year teaching skills that empower students to live with integrity and new purpose.
SESSION 6:

Forensic Evaluation: Countering the Cataclysmic Collapse of the Licensed Professional Counselors Profession

Date: Friday, 7/8/16, 2:00-4:00 pm

Presenter: Norman Hoffman, Ph.D., Ed.D., LMHC, LMFT, CCMHC

Description: This two-hour webinar informs attendees of how the insurance industry is responsible for the collapse of not only licensed professional counselors private practice, but the independent practices of other medical professionals. Forensic mental health evaluation will be introduced as a lucrative specialization outside the scope of insurance for counselors interested in diversifying their practice.

Link to Register: https://attendee.gotowebinar.com/register/5495768504232416514

CE Broker Tracking #: 20-529896; Publishing #: 10-1752034

Learning Objectives:
Attendees will:
(1) Understand the impact of the insurance industry trends and future trends
(2) Explore the integration of emerging options and models for a successful private practice model
(3) Become aware of bogus certification bodies
(4) Develop a professional identity in the forensic mental health arena
(5) Become cognizant of specific training, education and experience towards certification

About the Presenter:

At first glance, a clinic, a courtroom, and a nightclub have little in common. One offers treatment; one hears testimony, and one echoes timbre and tempo long into the night. Yet, surface dissimilarities have proven no barrier to Dr. Norman Hoffman. A licensed professional marriage and family therapist and mental health counselor, certified forensic evaluator, and accomplished jazz musician, over the course of his career, Dr. Hoffman has pioneered the integration of these seemingly separate studies to become a leading authority on child development, music therapy, and forensic evaluation as well as the author of a groundbreaking book, Bad Children Can Happen to Good Parents, that could change the way parents raise their children. Interestingly, however, he hardly set out to be a pioneer.

By this time, Dr. Hoffman had relocated to Florida, where he spent several years as Coordinator of the Day Treatment Program for the Community Mental Health Center of Palm Beach County. This was followed by a six-year tenure with the Hazleton/Nanticoke Mental Health/Mental Retardation Center in Nanticoke, Pennsylvania, where Hoffman served in various positions, including Substance Abuse Coordinator, Intake Services Coordinator, and Director of Outpatient Services. While there, Hoffman also made his first foray into the then-largely-unrecognized field of forensic evaluation, providing custody evaluations for children and youth in conjunction with Pennsylvania’s Luzerne County Court.

In 1982, Hoffman stepped into the role of Executive Director of Pompano Beach Counseling Services in Pompano Beach, Florida, where he supervised the psychotherapeutic practice specializing in adult, child, and adolescent...
behavioral disorders, substance abuse, marital and remarriage counseling, family therapy, sexual abuse, and custody evaluations. During his time there, Hoffman also earned the traditional industry licenses and certifications of mental health counselor, marriage and family therapist, and a nationally certified clinical mental health counselor.

Yet, although gaining clinical experience working with children and families, he soon became disillusioned by the flaws of traditional therapy, which, more often than not, blamed parents for the mental and behavioral challenges of their children. Not one to accept the status quo, however, Hoffman took his next pioneering step and developed a comprehensive treatment approach based on the recognition that, all too often, families suffer when children run wild, parents are blamed, and antisocial behavior is allowed to flourish. Instead of pointing the finger at parents, Hoffman offered the revelation that "bad children can happen to good parents." In his eye-opening book by the same name, Hoffman outlines the genetic causes of many behavioral problems and creates a new textbook for parents looking for help. Bad Children Can Happen to Good Parents: A Survival Manual for Parents of Difficult Children advocates for comprehensive assessment and offers a simple and effective treatment method that focuses not on "fixing" children but rather on helping parents "rewire" their children so they can live fulfilling and successful lives.

Determined to use his knowledge to serve not only his own patients but also those outside his immediate sphere of influence, Hoffman has dedicated himself to educating parents, therapists, clinicians, and policy makers that parents are often not to blame for their children’s difficulties, that psychiatric medicines may not be the best treatment options, and that good kids and good parents can result from the proper treatment. To this end, he founded the National Board of Forensic Evaluators, Inc, (NBFE), located in Ormond Beach, Florida and specializing in serving families of difficult children by providing professional assessments and specialized treatment plans.

Additionally, recognizing that all too often the therapists closest to a family’s troubles were scrutinized regarding credentials and even denied recognition when testifying in a court of law, Hoffman utilized his own experience as an expert courtroom witness in mental health, childhood custody, and competency evaluations to establish the National Board of Forensic Evaluators (NBFE) in 2005. NBFE offers a rigorous forensic evaluator training and certification program for therapists and is the only forensic mental health counselors credentialing organization recognized and endorsed by the American Mental Health Counselors Association.
SESSION 7:

Best Practices in Clinical Supervision

Date: Friday, 8/12/16, 2:00-4:00 pm

Presenter: Richard Chapman, LMHC

Description: The purpose of this webinar is to provide an update regarding the subject of clinical supervision. This webinar is geared towards qualified supervisors and new mental health counseling professionals. How to structure a clinical supervision session, ethical issues faced by clinical supervisors and a 491 update regarding changes in supervision regulations will be discussed.

Link to Register: https://attendee.gotowebinar.com/register/123442409926276610

CE Broker Tracking #: 20-529900, Publishing #: 10-1752036

Learning Objectives:
(1) Participants will be provided with an overview of supervision theory
(2) Participants will be educated on the 2015 ethical standards for clinical supervisors.
(3) Participant will be provided with an overview of emergent issues clinical supervision.
(4) Participants will be provided with the 491 rules concerning qualified supervisors.

About the Presenter:

Richard Chapman is a Licensed Mental Health Counselor in the state of Florida. He is a doctoral student in counseling education and supervision. His clinical interests include PTSD and counseling individuals with disabilities. He also has professional interests in clinical supervision and in self-advocacy and self-determination of individuals with disabilities. Richard has been actively involved in the disability rights movement in the state of Florida. He regularly writes about counseling and self-advocacy. He is actively involved in several professional organizations related to counseling. He was on the revisions committee for the 2015 update of the American Mental Health Counselors Association code of ethics, which included an update on clinical supervision.
Session 8:

Florida Legislative Policy Discussion:

Grassroots involvement, interactions between state and federal mental health policy, currently filed bills, and the state of the LMHC scope of practice in Florida

Date: Friday, 9/9/16, 2:00-4:00 pm

Presenter: Corinne Mixon, DPL

Description: The Florida Legislature is made up of individuals that come from varied professional backgrounds. If these legislators are not educated on the LMHC profession, its professional practice climate may become threatened. Legislative and grassroots lobbying seek to provide this education to Florida’s elected officials. Corinne will explain what lobbying is, why it is important and how LMHCs can become their own lobbyists. Additionally, Corinne will discuss the interactions between statewide and federal policy and how Florida’s LMHCs can affect change in Washington. Finally, Corinne will discuss the current state of LMHC practice in Florida, bills that may affect LMHCs and how mental health counselors can work with their State Representatives and Senators to enhance their legislative platform.

Link to Register: https://attendee.gotowebinar.com/register/5402848776569206786

CE Broker Tracking #: 20-529902; Publishing #: 10-1752038

Learning Objectives:
As a result of the course, attendees will understand:
(1) Legislative lobbying and Grassroots lobbying
(2) The timeline of the legislative process
(3) Elections
(4) Interactions between state and federal policy
(5) Key bills for FMHCA
(6) How the practice of LMHCs relates to the practice of psychology, clinical social work and marriage and family therapy and how these professions are perceived to state officials
About the Presenter:

Corinne has been a registered lobbyist in the State of Florida for more than 10 years. It was during her time at the University of Alabama that she recognized her deep interest in affecting statewide policy. Corinne interned in Washington D.C. for U.S. Congressman Richard Shelby, Chairman of Banking and Insurance, before graduating from college. After concluding her internship, Corinne began her professional career as a Public Relations Account Manager at the Zimmerman Agency, the largest hospitality-centered communications group in the nation.

Corinne joined the Mixon and Associates lobbying team because of her skills in client-centered communication and administrative policy. Corinne is now Principal at Mixon and Associates where she lobbies for an array of clients ranging from fortune 500 companies and large statewide associations to tech-based-startups and public school districts. However, Corinne specializes in lobbying for statewide health care associations including: the Florida Mental Health Counselors Association, the Independent Funeral Directors of Florida, the Florida Veterinary Medical Association, the Florida Academy of Physician Assistants and the Florida State Oriental Medical Association. Corinne also served as the Interim Executive Director of the Independent Funeral Directors of Florida where she expanded her expertise into association management.

Corinne’s ability to influence policy makers stems, in part, from her ability to raise money for political candidates. Her success in political connectivity began with managing state senate campaign for Speaker Pro Tempore, Rep. Dennis Baxley. Corinne now manages a multitude of political action committees (PACs) on behalf of Mixon and Associates' clients. As the PAC manager, she oversees the delivery of approximately $160-thousand dollars worth of campaign contributions per election cycle. Corinne hand-delivers many of these contributions directly to the candidates; thus, providing a benefit to clients with-and-without their own political action committees.
SESSION 9:

Victims of Domestic Violence: Substance Abuse Co-Occurring

Date: Friday, 10/14/16, 2:00-4:00 pm

Presenter: Darlene Silvernail, Ph.D., DAC, CAP, LMHC

Description: This 2-hour webinar provides an update on best practices working with victims of domestic violence with an emphasis on co-occurring disorders.

Link to Register: https://attendee.gotowebinar.com/register/1596180092022740738

CE Broker Tracking #: 20-529904; Publishing #: 10-1752040

Learning Objectives:
Participants will be able to:
(1) Understand the challenges Victims of Domestic Violence faces and barriers to health Care
(2) Describe Co-occurring Disorders seen in this cohort group (risk factors)
(3) Participants will be provided with resources to work with individuals impacted by Family Violence
(4) Gain a broader understanding of Safety planning

About the Presenter:

Dr. Silvernail is a highly energetic, goal-oriented leader in the Behavioral Health Sector. She can be described as an individual who has the propensity to build trusting relationships and connections with just about anyone she meets, creating partnerships and alliances while motivating them to move forward to achieve personal and professional success.

Through her interactions, affiliation and relationships with state agencies, professional associations and programs; Darlene has built a reputation for being one of the best professional consultants in the field. Dr. Silvernail has been a past nominee for the Robert woods Foundation Award (1997), The Best Practice Award (2000) and nominated three times for the Sun Sentinel Community Leadership Award (1999 – 2004). Dr. Silvernail also received the 2014 State Leadership Chapter Award from AMHCA , The PWN International Literary Award (2012), as well as the AMHCA Public and Community Service Award (2012). With such a high standing reputation, she has been named the Executive Director for The Florida Mental Health Assoc and past president from 2012-2015. She also serves as Clinical Director of Total Recovery Now (www.totalrecoverynow.com).

A Licensed Mental Health Counselor with a PhD in Psychology and Addictionology Counseling, Darlene’s goal is to use her experience, education, and certifications to complement her compassion for those in
need of help and duty to enhance the skills of those who strive for improvement.

In her journey of growth, Darlene has held post in the United States Army, was a Police Officer for the Harford Police Department before finding her calling as a counselor of human services. In the last 15 years Darlene has held numerous leadership positions in outpatient programs, residential treatment programs and counseling centers. She has over 26 years of experience developing and implementing quality educational programs in the field of addictions treatment and psychology.

Dr. Silvernail’s work is not limited to the mental health sector of healthcare. She is and has worked in academia for the last eight years. As a content expert and writer for several major universities and past Director of the Psychology program at South University, which she grew to impressive enrollment numbers is a year’s time. Her years of experience and connection in the field have brought a wealth of success to her students and the institution. Outside the traditional educational system, Darlene has also served as an instructor of Criminal Justice for several local institutions Police Academies.

To share her many experiences and enhance the personal and professional growth of women at various stages of life, Dr. Silvernail teamed up with the women of PWN Books to write a series on empowerment. In all Darlene has authored and co-authored ten books. This series has not only found a steady following, but woman across the nation have experienced the Empowerment Series first hand through the seasonal conferences and workshops.
SESSION 10:
What is Mental Health?

Date: Friday, 11/11/16, 2:00-4:00 pm

Presenter: Frank Hannah

Description: Understandably, mental-health professionals focus on the assessment, diagnosis and treatment of mental and nervous disorders. However, when one understands that “mental health” itself is far more than simply the absence of mental illness, it is possible that a practitioner’s therapeutic interventions may neglect to address the consumer’s mental health absent a diagnosable disorder. This leaves the consumer vulnerable to relapse and/or the emergence of new manifestations of poor mental health. The implication here is that many diagnosable mental and nervous disorders stem from undiagnosed poor mental health that went unrecognized or was ignored until it became problematic. As the wise philosopher Ben Franklin said, “An ounce of prevention is worth a pound of cure.” This webinar will focus on:

1. How a mental health practitioner can add mental health awareness to his/her current therapeutic protocols;
2. A clear definition of what mental health is;
3. An explanation of the two major components of mental health;
4. An examination of some obstacles to improvement;
5. The role of anxiety in mental health and
6. A three-step process for making changes that lead to improved mental health.

Link to Register: https://attendee.gotowebinar.com/register/919674335024400386

CE Broker Tracking #: 20-529906; Publishing #: 10-1752042

Learning Objectives:
After completing this webinar, participants will be able to:

1. Define mental health in concrete terms;
2. Explain the concept of mental health awareness and
3. Guide a consumer’s improvement in their mental health.

About the Presenter:
Frank, a native of Tennessee, holds a Master’s degree in Counseling Psychology from Nova University and was in private practice as a Licensed Mental Health Counselor in Florida for over two decades. After “retiring”, he completed and self-published “Pathways to Mental Health and Anxiety Management”; he set up and manages three related websites and founded the nonprofit corporation, Initiative for Mental Health Awareness Inc. Frank now spends his time promoting mental health awareness through the corporation. He presented an abbreviated version of the webinar you are attending today, “What Is Mental Health?” at the 20th World Congress of the World Federation for Mental Health in Cairo, Egypt in October, 2015. Frank was the proud recipient of a “Lifetime Contribution Award” by FMHCA at their Annual Conference in 2014.