AARON L. NORTON, MA, LMHC, LMFT, CRC, MCAP, CFMHE, NCC, CCMHC

University of South Florida

College of Behavioral and Community Sciences

Department of Rehabilitation and Mental Health Counseling

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EDUCATION

Ph.D. Candidate University of South Florida (Tampa, FL)

Doctor of Philosophy in Counselor Education and Supervision

M. A. University of South Florida (Tampa, FL), 2007

Master of Arts in Rehabilitation & Mental Health Counseling, magna cum

laude

B.A. University of South Florida (St. Petersburg, FL), 2002

Bachelor of Arts in Psychology, magna cum laude

A.A. St. Petersburg College (St. Petersburg, FL), 2000

Associate of Arts in Psychology, magna cum laude

Additional Certificates

Florida State University, 2007

"Supervisor's Apprenticeship" program

George State University Public Performance and Management Group, 2006-2007

Certificate of Completion, Regional Institute for New Supervisors

Harvard Medical School

Cognitive-Behavioral Therapy for Insomnia (CBT-I) Clinician, 2018

LICENSES AND CERTIFICATIONS:

Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling

Licensed Mental Health Counselor (LMHC) #MH9953 Licensed Marriage & Family Therapist (LMFT) #MT3100

Commission on Rehabilitation Counselor Certification

Certified Rehabilitation Counselor (CRC) #00101220

Florida Certification Board

Certified Masters-Level Addictions Professional (MCAP) #ADC-010931-2015

Substance Abuse Professional (SAP)

International Association of Trauma Professionals (IATP)

Certified Clinical Trauma Professional (CCTP)

International Certification & Reciprocity Consortium/Alcohol and Other Drug Abuse, Inc.

Internationally Certified Alcohol and Drug Counselor (ICADC) #121164

National Board for Certified Counselors

National Certified Counselor (NCC) #1069610

Certified Clinical Mental Health Counselor (CCMHC)

National Board of Forensic Evaluators

Certified Forensic Mental Health Evaluator (CFMHE) #000069

Certified Forensic Behavioral Analyst (CFBA) #00001 National Certification Commission for Addiction Professionals Master Addiction Counselor (MAC) #509578

PROFESSIONAL EXPERIENCE

University of South Florida

College of Behavioral and Community Sciences

Department of Rehabilitation and Mental Health Counseling

• Adjunct Professor (2013-present)

Integrity Counseling, Inc. (Largo, FL)

• Psychotherapist (private practice) (2006-present)

BayCare Behavioral Health (St. Petersburg, FL)

• Behavioral Health Therapist (2009-2011)

Florida Department of Education, Division of Vocational Rehabilitation (St. Petersburg, FL)

- Vocational Rehabilitation Supervisor (2005-2010)
- Senior Rehabilitation Counselor (2004-2005)

Operation PAR, Inc./Therapeutic Community (Largo, FL)

• Primary Counselor (2002-2006)

Florida Department of Health (St. Petersburg, FL)

• Outreach Team Leader (2002-2005)

Fairwinds Treatment Center (Clearwater, FL)

• Mental Health Technician (2001-2002)

Operation PAR, Inc./Pinellas Juvenile Assessment Center (Clearwater, FL)

• *Community Liaison (*2000-2001)

PUBLICATIONS

Peer-Reviewed Journals

Davis, E., Norton, A.L., and Chapman, R. (in press). Using music for case conceptualization: Looking through an Adlerian lens. Journal of Individual Psychology.

Norton, A.L., & Tan, T.X. (2018). The relationship between licensed mental health Counselors' political ideology and counseling theory preference. American Journal of Orthopsychiatry. Advance online publication. doi: http://dx.doi.org/10.1037/ort0000339

Tan, T.X., Smith, L.S., & Norton, A.L. (2017). Adoption of Black children by White parents in heterosexual and homosexual relationships: Exploring mental health trainees' explicit and implicit attitudes. Journal of Gay & Lesbian Social Services. Advance online publication. doi: http://dx.doi.org/10/1080/10538720.2017.1320256

Professional Magazines

Norton, A. (2018, Fall). Regulations related to responding to client requests for emotional support animals—four facts. The Advocate Magazine, 22-26.

Norton, A. (2018, February). The mental health counselor's (long) journey to professional equality. The Advocate Magazine, 10-11.

Norton, A. (2009, July-August). Address client myths about marijuana. *Addiction Professional*, 7(4), 32-34. [Available online: http://www.addictionpro.com/article/address-clientmyths-about-marijuana]

Norton, A. (2009). Exploring the characteristics of high-functioning alcoholics. *Addiction* Professional, 7(4), 11. [Available online: http://www.addictionpro.com/article/ exploring-characteristics-high-functioning-alcoholics]

- Norton, A. (2008). A hidden effect of marijuana use, *Addiction Professional*, 6(4), 37-39. [Available online: http://www.addictionpro.com/article/hidden-effect-marijuana-use]
- Norton, A. (2008). Disputing association between marijuana and death, *Addiction Professional*, 6(6), 8. [Available online: http://www.addictionpro.com/article/disputing-associationbetween-marijuana-and-death]
- Norton, A. (2008, November). BPD and employment, Florida Borderline Personality Disorder Association Newsletter, HTML. Retrieved from https://fbpda.wordpress.com/page/11/

Other Media

Norton, A. (2011-present). In Thought: Your source for wellness, tips, strategies, and news (BLOG). Available at www.aaronLMHC.blogspot.com

PRESENTATIONS

Professional Conferences

- Norton, A. (2018, December 14). How to get licensed as a mental health counselor in Florida. Webinar presented for Florida Mental Health Counselors Association's 2018 Emerging Issues in Mental Health Counseling Webinar Series.
- Norton, A. (2018, November 1). *Iguanas, peacocks, and tarantulas-oh, my! Legal and ethical* dilemmas related to emotional support animals, and self-care for the professionals who ponder them. Lecture presented at ServiceSource annual conference, Safety Harbor, FL.
- Norton, A. (2018, October 13). Counselors'-in-training perceptions of using music for theoretical conceptualization training. Roundtable discussion presented for Southern Association of Counselor Education and Supervision annual conference. Myrtle Beach,
- Norton, A. (2018, September 21). What mental health professionals should know about medical marijuana. Lecture presented at Tampa Bay American Association of Marriage and Family Therapists. Tampa, FL.
- Norton, A. (2018, September 5). What rehabilitation professionals should know about opioids and medical marijuana. Lecture presented at Florida Rehabilitation Association's annual conference. Orlando, FL.
- Norton, A. (2018, August 3). *Sleeping soundly and sedative free: The mental health counselor's* role in the treatment of sleep disorders. Lecture presented at American Mental Health Counselors Association Annual Conference. Orlando, FL.
- Norton, A. (2018, August 2). Clinical mental health counselors: Who we are, what we do, and where we're going. Keynote lecture presented at American Mental Health Counselors Association Annual Conference. Orlando, FL.
- Norton, A. (2018, August 1). Forensic mental health evaluation certification workshop. Lecture presented at American Mental Health Counselors Association Annual Conference. Orlando, FL.
- Norton, A. (2018, April 19). What to do after graduation. Lecture presented at Suncoast Mental Health Counselors Association Spring Symposium. Tampa, FL.
- Norton, A. (2018, February 3). Sleeping soundly and sedative-free: The role of mental health counselors in the treatment of sleeping disorders. Lecture presented at the Florida Mental Health Counselors Association 2018 Conference. Orlando, FL.
- Norton, A. & Hoffman, N. (2018, February 1). CFMHE certification workshop. Workshop presented at the Florida Mental Health Counselors Association 2018 Annual Conference. Orlando, FL.

- Norton, A. (2018, January 5). Introduction to forensic mental health evaluation for mental health counselors. Webinar presented for Florida Mental Health Counselors Association's 2018 Emerging Issues in Mental Health Counseling webinar series.
- Norton, A. & Hoffman, N. (2018, June 8). Forensic mental health certification workshop. Presented for Florida Mental Health Counselors Association. Orlando, FL.
- Norton, A. (2017, May 13). What to do after graduation. Lecture presented at Suncoast Mental Health Counselors Association Spring Symposium 2017. Tampa, FL.
- Norton, A. (2017, February 17). Ethics update: How to chat, post, follow, like, tweet, text, and still sleep soundly in a digital age. Lecture presented at Suncoast Mental Health Counselors Association monthly meeting. Tampa, FL.
- Norton, A. (2017, February 4). *Motivational Interviewing 101: Working with ambivalent and* resistant clients. Lecture presented at Florida Mental Health Counselors Association 2017 Annual Conference. Orlando, FL.
- Norton, A. & Hoffman, N. (2017, February 2). CFMHE certification workshop. Lecture presented at the Florida Mental Health Counselors Association 2016 Annual Conference.
- Norton, A. (2016, November 2). Ethics update: How to chat, post, follow, like, tweet, text, and still sleep soundly in a digital age. Lecture presented at ServiceSource 2016 Annual Conference. Safety Harbor, FL.
- Norton, A. (2016, February 6). The procrastinator's guide to DSM-5: What's new from a perspective counselors can appreciate. Lecture presented at the Florida Mental Health Counselors Association 2016 Annual Conference. Orlando, FL.
- Norton, A. (2016, February 5). "I didn't go to grad school to chase dollars and cents!": Using web-based practice management systems to thrive in a third party payer world. Lecture presented at the Florida Mental Health Counselors Association 2016 Annual Conference. Orlando, FL.
- Norton, A., & Hoffman, N. (2016, February 4). CFMHE certification workshop. Lecture presented at the Florida Mental Health Counselors Association 2016 Annual Conference. Orlando, FL.
- Norton, A. (2016, January 8). "I didn't go to grad school to chase dollars and cents!": Using web-based practice management systems to thrive in a third party payer world. Webinar presented to Florida Mental Health Counselors Association.
- Norton, A. (2015, June 19). "I didn't go to grad school to chase dollars and cents!": Using webbased practice management systems to thrive in a third party payer world. Lecture presented at the Private Practice Symposium of the Suncoast Mental Health Counselors Association. Tampa, FL.
- Norton, A. (2015, May 8). DSM-5, ICD-10, Insurance, & Third Party Payers: Oh, My!!!. Webinar presented to Florida Mental Health Counselors Association.
- Norton, A. (2015, February). DSM-5, ICD-10, insurance, and third party payers: Oh, my! Lecture presented at the meeting of the Florida Mental Health Counselors Association, Orlando, FL.
- Norton, A. (2015, February). Navigating through new terrain: Using DSM-5 and the 3rd Edition of ASAM Treatment Criteria to conduct quality substance abuse evaluations. Lecture presented at the meeting of the Florida Mental Health Counselors Association, Orlando,
- Norton, A. (2014, November). DSM-5 update for mental health counselors. Webinar presented at the meeting of the Florida Mental Health Counselors Association, St. Petersburg, FL.
- Norton, A. (2014, August). DSM-5, ICD-10, and third party payers. Lecture presented at the meeting of the Florida Association for Child and Adolescent Counseling, Tampa, FL.

- Norton, A. (2014, August). DSM-5 update for mental health counselors. Webinar presented at the meeting of the American Mental Health Counselors Association.
- Norton, A. (2014, May). Diagnosing depressive & bipolar disorders using DSM-5. Lecture presented at the meeting of the Suncoast Mental Health Counselors Association, Tampa, FL.
- Norton, A. (2013, April). A wolf in sheep's clothing: Differentiating between addiction and medical opioid use in clients with chronic pain. Lecture presented at the meeting of the ServiceSource and Tampa Bay Florida Rehabilitation Association, Clearwater, FL.
- Norton, A. (2014, March). *Motivational interviewing 101 for rehabilitation professionals*. Lecture presented at the meeting of the Florida Chapter of International Association for Rehabilitation Professionals, St. Petersburg, FL.
- Norton, A. (2014, February). Navigating through new terrain: Using DSM-5 and the 3rd Edition of ASAM Treatment Criteria to conduct quality substance abuse evaluations. Lecture presented at the meeting of the Florida Mental Health Counselors Association, Orlando,
- Norton, A. (2013, May). What to do after graduation. Lecture presented at the meeting of the Suncoast Mental Health Counselors Association, Tampa, FL.
- Norton, A. (2013, November). Motivational interviewing 101 for VR professionals. Lecture presented at the meeting of the ServiceSource/Abilities of Florida, Clearwater, FL.

Other Professional/Practitioner Presentations

- Norton, A. (2018, December 7). *Motivational interviewing 101: Theory and techniques*. Workshop presented for Phoenix House, Brandon, FL.
- Norton, A. (2018, October 26). How to conduct a quality substance abuse evaluation. Webinar presented for National Board of Forensic Evaluators.
- Norton, A. (2018, July 19). What rehabilitation professionals should know about medical marijuana. Webinar presented for Vocational Evaluation and Career Assessment Professionals Association.
- Norton, A. (2018, June 15). What mental health professionals need to know about medical marijuana: A primer for clinical and forensic evaluators. Webinar presented for National Board of Forensic Evaluators.
- Norton, A. (2018, March 2). The mental health professional's role in evaluating the need for emotional support animals: A clinical-forensic perspective. Webinar presented for National Board of Forensic Evaluators.
- Norton, A. (2017, October 6). Ethics update: How to chat, post, follow, like, tweet, text, and still sleep soundly in a digital age. Lecture presented to ServiceSource and Florida Division of Vocational Rehabilitation, Largo, FL.
- Norton, A. (2017, May 9). Certified Forensic Mental Health Evaluator workshop. Lecture presented to Darsey, Black, & Associates, Hinesville, GA.
- Norton, A. (2015, November 5). Don't panic: De-escalation techniques for angry, violent and/or suicidal customers. Lecture presented to SerivceSource Florida, St. Petersburg, FL.
- Norton, A. (2015, July). Your survival guide to the CFMHE written and oral Exams. Webinar presented to the National Board of Forensic Evaluators.
- Norton, A. (2014, October). DSM-5 update for mental health professionals. Webinar presented to the Millennium Treatment Group Lake Worth, FL.
- Norton, A. (2014, October). *Treatment considerations for borderline personality disorder*. Webinar presented to Total Recovery Now, Lake Worth, FL.

- Norton, A. (2014, October). DSM-5 diagnosis of bipolar and related disorders. Webinar presented to Total Recovery Now, Lake Worth, FL.
- Norton, A. (2014, October). Navigating through new terrain: What's new with DSM-5 criteria for substance use disorders and the 3rd Edition of the ASAM Treatment Criteria in Clinical Practice Webinar presented to The Living Solution, Delray Beach, FL.
- Norton, A. (2014, August). Progress, not perfection: Justification for care and documentation of continued stay criteria, Webinar presented to Total Recovery Now, Lake Worth, FL.
- Norton, A. (2014, August). Navigating through new terrain: Implementing DSM-5 and ASAM Treatment Criteria 3rd Edition in substance abuse treatment programs. Webinar presented to the Millennium Treatment Group, Lake Worth, FL.
- Norton, A. (2014, July). *Motivational interviewing for vocational rehabilitation professionals*. Webinar presented to the Florida Department of Education, Division of Vocational Rehabilitation, Tallahassee, FL.
- Norton, A. (2014, July). DSM-5 update for mental health professionals. Lecture presented to Tranquil Shores Drug Addiction Treatment Center, Madeira Beach, FL.
- Norton, A. (2014, June). Private practice symposium. Lecture presented at the meeting of the Suncoast Mental Health Counselors Association, Tampa, FL.
- Norton, A. (2014, April). Navigating through new terrain: Implementing DSM-5 and ASAM Treatment Criteria 3rd Edition in substance abuse treatment programs. Webinar presented to Total Recovery Now, Lake Worth, FL.
- Norton, A. (2014, April). DSM-5 update for counselors. Presentation to the Suncoast Center for Community Mental Health, St. Petersburg, FL.
- Norton, A. (2014, April). DSM-5 update for counselors and counseling students. Webinar presented to the National Board of Forensic Evaluators, Ormond Beach, FL.
- Norton, A. (2013, October). DSM-5 update for VR counselors. Presentation to Florida Department of Education, Division of Vocational Rehabilitation, Area 4 New Counselor Training, Tampa, FL.
- Norton, A. (2013, October). DSM-5 update for counselors & counseling students. Presentation to the Suncoast Mental Health Counselors Association, Tampa, FL.
- Norton, A. (2013, October). DSM-5 update for Christian counselors & counseling students. Presentation to the Network Institute of Christian Counseling, Clearwater, FL.
- Norton, A. (2013, September). DSM-5 update for rehabilitation professionals. Presentation to Florida Agency for Persons with Disabilities, St. Petersburg, FL.
- Norton, A. (2013, May). DSM-5 update for VR counselors. Presentation to Florida Department of Education, Division of Vocational Rehabilitation, Area 4 New Counselor Training, Tampa, FL.
- Norton, A. (2009, April). *Prescription abuse update*. Presentation to Pinellas Juvenile Welfare Board and Alpha House, St. Petersburg, FL.
- Norton, A. (2009, April). Medical aspects of disability follow-up. Presentation to Florida Department of Education, Division of Vocational Rehabilitation, Area 4 New Counselor Training, Tampa, FL.
- Norton, A. (2013, March). Substance use disorders: Implications for VR counselors. Presentation to ServiceSource/Abilities of Florida, Successful Transitions Educational Series, Clearwater, FL.

- Norton, A. (2010, November). Emotion regulation and borderline personality disorder. Lecture presented at the meeting of the Florida Borderline Personality Disorder Association, St. Petersburg, FL.
- Norton, A. (2008, December). Marijuana & youth: Use, abuse, and treatment. Presentation to Pinellas Juvenile Welfare Board, St. Petersburg, FL.
- Norton, A. (2008, November). Chemical dependency: VR policy and best practices. Presentation to Florida Department of Education, Division of Vocational Rehabilitation, Area 4 New Counselor Training, Tampa, FL.
- Norton, A. (2008, October). Getting the most out of your monthly coaching. Presentation to Florida Department of Education, Division of Vocational Rehabilitation, Area 4 New Counselor Training, Tampa, FL.
- Norton, A. (2008, October). Alcoholism and depression. Presentation to Nielsen Media Research, St. Petersburg, FL.
- Norton, A. (2008, October). Best practices for working with sexual minorities. Presentation to Boley Centers for Behavioral Healthcare, St. Petersburg, FL.
- Norton, A. (2008, September). Medical aspects of disability follow-up. Presentation to Florida Department of Education, Division of Vocational Rehabilitation, Area 4 New Counselor Training, Tampa, FL.
- Norton, A. (2008, June). Best practices for working with sexual minority youth. Presentation to Pinellas Juvenile Welfare Board, St. Petersburg, FL.
- Norton, A. (2008, May). Medical aspects of disability follow-up. Presentation to Florida Department of Education, Division of Vocational Rehabilitation, Area 4 New Counselor Training, Tampa, FL.
- Norton, A. (2008, April). Out and about: Best practices for working with sexual minority youth. Presentation to Pinellas Juvenile Welfare Board, St. Petersburg, FL.
- Norton, A. (2008, January). Medical aspects of disability follow-up. Presentation to Florida Department of Education, Division of Vocational Rehabilitation, Area 4 New Counselor Training, Tampa, FL.
- Norton, A. (2007, June). Medical aspects of disability follow-up. Presentation to Florida Department of Education, Division of Vocational Rehabilitation, Area 4 New Counselor Training, Tampa, FL.
- Norton, A. (2007, March). Medical aspects of disability follow-up. Presentation to Florida Department of Education, Division of Vocational Rehabilitation, Area 4 New Counselor Training, Tampa, FL.
- Norton, A. (2006, October). Medical aspects of disability follow-up. Presentation to Florida Department of Education, Division of Vocational Rehabilitation, Area 4 New Counselor Training, Tampa, FL.
- Norton, A. (2001, July). Drugs of abuse 101. Presentation to Operation Par, Inc., Clearwater,
- Norton, A. (2001, June). Drugs of abuse 101. Presentation to Operation Par, Inc., Clearwater,
- Norton, A. (2001, May). Drugs of abuse 102. Presentation to Operation Par, Inc., Clearwater,
- Norton, A. (2001, April). Drugs of abuse 101. Presentation to Operation Par, Inc., Clearwater,
- *University Presentations*

- Norton, A (2018, February 22). *Introduction to Clinical Mental Health Counseling Profession*. Presentation to Health Sciences program at University of South Florida, Tampa, FL.
- Norton, A. (2018, February 18). *Mental health and wellness*. Presentation to Sigma Kappa at University of Tampa, Tampa, FL.
- Norton, A. (2017, October 24). *Integrated care and principles of personal change*. Lecture presented to iLINC/University of South Florida, Tampa, FL.
- Norton, A. (2016, November). Strategies for working with parents and students with mental health concerns. Lecture presented to the University of South Florida, College of Education, School Counseling program, Tampa, FL.
- Norton, A. (2014, April). *Motivational Interviewing 101*. Lecture presented to the University of South Florida, College of Behavioral and Community Sciences, Department of Rehabilitation and Mental Health Counseling, Tampa, FL.
- Norton, A. (2014, April). *Motivational Interviewing 101*. Lecture presented to the University of South Florida, College of Education, Department of Counselor Education, Tampa, FL.
- Norton, A. (2014, January). *DSM-5 update for counselors and counseling students*. Lecture presented to the University of South Florida Departments of Rehabilitation & Mental Health Counseling, Counselor Education, and Social Work, Tampa, FL.
- Norton, A. (2013, December). *DSM-5 update for counselors and counseling students*. Webinar presented to Argosy University, Tampa, FL
- Norton, A. (2013, June). *Business aspects of counseling: Private practice*. Lecture presented to the University of South Florida, College of Behavioral and Community Sciences, Department of Rehabilitation and Mental Health Counseling, Tampa, FL.
- Norton, A. (2013, April). *Motivational Interviewing 101*. Lecture presented to the University of South Florida, College of Education, Department of Counselor Education, Tampa, FL.
- Norton, A. (2012, June). *Business aspects of counseling: Private practice*. Lecture presented to the University of South Florida, College of Behavioral and Community Sciences, Department of Rehabilitation and Mental Health Counseling, Tampa, FL.
- Norton, A. (2012, June). *Business aspects of counseling: Private practice*. Lecture presented to the University of South Florida, College of Behavioral and Community Sciences, Department of Rehabilitation and Mental Health Counseling, Tampa, FL.
- Norton, A. (2012, February). *Motivational Interviewing 101*. Lecture presented to the University of South Florida, College of Education, Department of Counselor Education, Tampa, FL.

Community Presentations

- Norton, A. (2010, April). *Drugs and alcohol from your kid's perspective*. Member, Expert Panel. Lecture presented to the Palm Harbor University High School, Student Alcohol Reduction Project, Palm harbor, FL.
- Norton, A. (2008, January). *Multiple sclerosis and depression*. Lecture presented to the St. Petersburg Neurology Group, MS Support Group, St. Petersburg, FL.
- Norton, A. (2007, December). *Reparative therapy and ethics*. Lecture presented at the Human Rights Campaign Faith & Fairness Town Hall Meeting, St. Petersburg, FL.
- Norton, A. (2003, September). *Prescription abuse and youth*. Lecture presented at the Trinity United Church of Christ, St. Petersburg, FL.

PROFESSIONAL ORGANIZATIONS

American Counseling Association
American Mental Health Counselors Association

2012-Present

Southern Regional Director Association for Counselor Education and Supervision (ACES) Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling Florida Mental Health Counselors Association President-Elect Educational, Training Standards, & Continuing Education Committee, Chair Annual Conference Committee NAADAC, the Association for Addiction Professionals National Association of Lesbian & Gay Addiction Professionals (NALGAP) National Board of Forensic Evaluators	2018-Present 2018-Present 2012-2018 2011-Present 2018-Present 2014-Present 2013-Present 2007-Present 2009-2014
Executive Director	2016-Present
Chair of Training Development & Implementation	2015-2016
National Rehabilitation Association	2005-2010
Suncoast Mental Health Counselors Association	2011-Present
Chair of Public Relations Committee	2016-Present
Past President	2015-2016
President	2014-Present
President Elect	2013-2014
Search Committee	2013-2014
CEU Subcommittee	2014-2015
AWARDS AND ACHIEVEMENTS American Mental Health Counselors Association	
Mental Health Counselor of the Year	2015-2016
University of South Florida Rehabilitation and Mental Health Counseling	
Adjunct Instructor of the Year	2017-2018
Florida Mental Health Counselors Association	
Lifetime Membership Award	2016-2017
Counselor Educator of the Year	2015-2016
Leadership Award	2015
Florida Department of Education, Division of Vocational Rehabilitation	
Sapphire Award (8 x)	2004-2010
Area 4 "Innovator Award"	2008
Meritorious Performance Award	2006
School-to-Work Unit 14C Achievement Award	2005
Operation PAR, Inc.	
Golden Eagle Award	2001, 2003
Chi Sigma Iota International Honor Society (counseling)	2007-Present
Pi Gamma Mu International Honor Society (social sciences)	2002
Psi Chi International Honor Society (Psychology)	2002
Phi Sigma Theta International Honor Society	2000
Phi Theta Kappa Honor Society	2000
All-American Scholar (United States Achievement Academy)	2000

TEACHING

University of South Florida

College of Behavioral and Community Sciences, Department of Rehabilitation and Mental Health Counseling [CORE- and CACREP-accredited Rehabilitation and Clinical Mental Health Counseling Program]

Counseling in Community Settings (Graduate)	RCS 6409	2009-present
Fundamentals of Substance Abuse (Graduate)	RCS 5450	2017
Introduction to Counseling Professions (Undergraduate)	RCS 4931	2013-2015
Practicum in Counseling II (Graduate)	RCS 6803	2016, 2018
Principles and Practices of Personal Change (Graduate)	RCS 6930	2015-present
Rehabilitation Counseling: Concepts/Applications (Grad.)	RCS 5035	2017

PROFESSIONAL DEVELOPMENT 2018

American Mental Health Counselors Association

Advocacy Training (1 hour)

AMHCA Roundtable Discussion: Where We're Going (1 hour)

Forging a Shared Leadership Vision (8.5 hours)

Riding the Waves: An Introduction to Neuroscience-Informed CBT (1.25 hours)

Florida Mental Health Counselors Association (FMHCA)

LMHC Exam Preparation (2 hours)

Pornography Therapeutic Interventions (2 hours)

Unsilencing the Voice Within: Expressive Writing as a Therapeutic Tool (2 hours)

Creativity in Cross-Cultural Supervision (2 hours)

Distance Counseling in Florida (2 hours)

FMHCA Annual Conference (21.5 hours)

Gottman Method Couples Therapy: What We Know About What Works and Doesn't Work in Relationships (2 hours)

Laws and Ethics 2018 (3 hours)

LGBTQI2-S: Then, Now, and Cultural Linguistic Context in Today's Therapy Setting (2) hours)

Qualified Supervisor Update Training (4 hours)

Florida State University (FSU)

FSU COM AHEC Tobacco Treatment Specialist Training: 3 Day Foundation Course (24 hours)

Harvard Medical School

CBT-I Clinician Training (unspecified)

National Board of Forensic Evaluators (NBFE)

Child Custody Evaluation Certification Workshop (8 hours)

Computerized Application of the Psychosocial Report (1 hour)

Infantile Autism (2 hours)

National Guard Trained Crisis Responder (TCR) Course: Terrorism and Disaster Response (13 hours)

The Psychology of School Shooters (1 hour)

Testing for Forensic Populations (40 hours)

PESI, Inc.

Certified Clinical Trauma Professional: Two-Day Competency Conference (12.5 hours) Southern Association for Counselor Education and Supervision (SACES)

SACES 2018 Conference: Creating and Cultivating, Activism in Practice (5 hours)

Suncoast Mental Health Counselors Association (SMHCA)

Science of Happiness: Positive Psychology's Theory of Wellbeing-PERMA (3 hours)

Military and Veteran Culture for Mental Health Porfessionals (3 hours)

The Art of Effective and Ethical Mediation (3 hours)

Suicide Risk Factors and Prevention (3 hours)

Treating Psychological Conditions with Cannabinoid Medications THC and CBD (3 hours) U.S. Journal Training, Inc.

39th Annual Training Institute on Behavioral Health and Addictive Disorders (18 hours)

2017

Florida Mental Health Counselors Association (FMHCA)

Addressing Tobacco Use in Behavioral Health (2 hours)

Developing Your Inner Project Manager: Fostering an Environment of Productivity (2) hours)

Ethics and Social Media in the Digital Age (2 hours)

FMHCA Annual Conference (22.5 hours)

Facilitating Emergence: A Model for Launching Young Adults with Cognitive and Emotional Challenges (2 hours)

FMHCA 2017 Annual Conference (11.5 hours)

How to Have the Difficult Conversation You've Been Avoiding with Family, Coworkers, Parents, or Children (2 hours)

Integrative Psychotherapies: New Paradigms in Psychotherapy (2 hours)

Maternal Mental Health: What Therapists Need to Know (2 hours)

Navigating Professional Boundaries: From Telehealth to Portability (2 hours)

Neuropsychological Evaluations: An Under-Used Tool in Mental Health Counseling Practice (2 hours)

Transitioning to ICD-10: What it Means for the Diagnosis of Mental Disorders (2 hours)

Use of Motivational Interviewing to Broaden Your Skills with Your Clients (2 hours)

Working with Kinky Clients (2 hours)

National Board of Forensic Evaluators (NBFE)

Business Practices in Forensic Mental Health Evaluation (2 hours)

Certified Forensic Mental Health Evaluation Workshop (8 hours)

Infantile Autism (2 hours)

Mass-Media Crisis Intervention: How Counselors Can Partner with Media to Stabilize People After Community Shootings (2 hours)

Testing for Forensic Populations: 2016-2017, Phase 2: Tests for Child Abuse, Sexual Abuse, Substance Abuse, and Child Custody Evaluations (10 hours)

Testing for Forensic Populations: 2016-2017, Phase 3: Intelligence and Adaptive Behavior Tests (10 hours)

Testing for Forensic Populations: 2016-2017, Phase 4: Risk Assessment, Anger, Psychopathy, and Sexual Violence (10 hours)

Rogers Memorial Hospital/Rogers Behavioral Health

Diagnosis, Assessment and Treatment of OCD: A Primer for Professionals (6 hours)

Suncoast Mental Health Counselors Association (SMHCA)

Bridging the Gap: Strengthening the Treatment Team (3 hours)

Batterers Intervention Program: A Process of Holding the Batterer Accountable (3 hours)

Complicated Grief (3 hours)

Confidentiality and Duty to Warn: Ethical and Legal Implications (3 hours)

Humor and Healing (3 hours)

Mindfulness: Training for Well-Being (3 hours)

Private Practice Symposium (3 hours)

U.S. Journal Training, Inc.

38th Annual Training Institute on Behavioral Health & Addictive Disorders (18 hours)

2016

American Mental Health Counselors Association (AMHCA)

AMHCA Annual Conference (4.5 hours)

Florida Gulf Coast University, Counseling & Psychological Services

Scared Stiff: High-Speed, Drug-Free Treatment for Anxiety Disorders (6 hours)

Florida Mental Health Counselors Association (FMHCA)

Victims of Domestic Violence: Substance Abuse Co-Occurring (2 hours)

Florida Legislative Policy Discussion: Grassroots Involvement, Interactions Between State and Federal Mental Health Policy, Currently Filed Bills, and the State of the LMHC Scope of Practice in Florida (2 hours)

Best Practice in Clinical Supervision (2 hours)

FMHCA 2016 Board Retreat (11 hours)

Forensic Evaluation: Countering the Cataclysmic Collapse of the Licensed

Professional Counselors Profession (2 hours)

Suicide Prevention: Assessment and Care of At-Risk Clients (2 hours)

How to Create a Six Figure Private Practice (2 hours)

Role for Clinical Mental Health Counselors in Integrated Medicine (2 hours)

The Dance of Addiction: The Complexity of Addictive Disorders (2 hours)

FMHCA Annual Conference (7.5 hours)

HIV/AIDS Update (2 hours)

NAADAC, the Association for Addiction Professionals

Motivational Interviewing with Criminal Justice Populations (1 hour)

National Board of Forensic Evaluators (NBFE)

Testing for Forensic Populations, Phase 1: Overview of Forensic Testing Instruments, Malingering, and Competency (14.25 hours)

Comprehensive Overview & Certification Program in Testing Instruments (40 hours)

Forensic Training Interview & Analysis (24 hours)

Training Towards the NBFE Forensic Mental Health Evaluators Certification (8 hours)

Fact vs. Expert Witness (1.5 hours)

Suncoast Mental Health Counselors Association (SMHCA)

An Introduction to Grief and Loss Counseling (3 hours)

Treating Trauma (3 hours)

Batterer's Intervention Program: A Process of Holding the Batter Accountable (3 hours)

Building Resilience: Introduction to the Heart Brain & Hart Math Resilience Advantage Techniques (3 hours)

Working with the Court System: Tips for Collaborating as Counselors (3 hours)

Neuroscience/Neurobiology: Implications for Clinical Practice (3 hours)

U.S. Journal Training, Inc.

37th Annual Training Institute on Behavioral Health & Addictive Disorders (21 hours)

2015

American Counseling Association (ACA)

DSM-5/ICD-10 (1 hour)

ACA Annual Conference (12.5 hours)

American Substance Abuse Professionals (ASAP)

SAP Refresher Course (12 hours)

Florida Mental Health Counselors Association (FMHCA)

Counseling & Advocacy for Individuals with Disabilities (2 hours)

Importance of Legislative and Grassroots Lobbying and the Current State of the LMHC Scope of Practice (2 hours)

FMHCA Retreat: Ethical, Legislative, & Professional Advocacy Priorities for Mental Health Counselors (6 hours)

Mindful Psychotherapeutic Practice (2 hours

Department of Health Webinar for Students and Clinicians (2 hours)

PTSD Remediation Using EEG Feedback (2 hours)

Counseling for Trauma and Addictive and Related Disorders: Fundamental Issues and What the Latest Research Tells Us (2 hours)

FMHCA Annual Conference (8.5 hours)

Gottman Institute

Gottman Couples Therapy Level 3 Training (24 hours)

National Board of Forensic Evaluators

Forensic Testing/Assessments, Phase I (10 hours)

Recognizing the Difficult Questions While Avoiding the Unfortunate Responses (1.5 hours)

Psychopathic Personality Inventory-Revised (4 hours)

Continuing Training for Forensic Mental Health Evaluators (8 hours)

Network Institute of Christian Counseling

Forensic Mental Health Evaluation (3 hours)

U.S. Journal Training, Inc.

36th Annual Training Institute on Behavioral Health & Addictive Disorders (21 hours)

Suncoast Mental Health Counselors Association

Imago Therapy: Getting the Love You Want (3 hours)

Introduction to Individualized Couples Therapy (3 hours)

Private Practice Symposium (3 hours)

Evidence-Informed Skills for Counseling Military Veterans (3 hours)

Social & Emotional Learning: A Framework for Success (3 hours)

Ethics & Boundaries (3 hours)

Prevention of Medical Errors (3 hours)

2014

Florida Mental Health Counselors Association (FMHCA) Conference

Continuing Education Certificate of Attendance (17.5 hours)

Professional Certification Opportunities and Processes; What Makes an Effective Therapist;

Legal and Insurance Changes Affecting Healthcare Providers; You Don't Know What I've

Seen! A Culturally Sensitive Approach to Bolster Resilience and Address Soldiers'

Resistance to Counseling; Personality Disorders in the DSM-5: Navigating the Current and

Alternative Model for Personality Disorders; Using DSM-5 for Quality Clinical Assessment,

Diagnosis & Treatment Plans; KEYNOTE SESSION: Dispelling the CACREP Myths;

Qualified Supervisor Training

International Association of Rehabilitation Professionals

Returning to Work: Challenges and Solutions (3.5 hours)

National Board of Forensic Evaluators

MMPI-2/PAI Testing & Assessment (8 hours)

Testing and Assessment for the Forensic Mental Health Evaluator:

An Introductory Workshop (24 hours)

How to be a Dangerous Expert Witness (8 hours)

Training towards the NBFE Forensic Mental Health Evaluators Certificate (8 hours)

ServiceSource

Spring Training Conference (3 hours)

Substance Use Disorders: Implications for the Vocational Rehabilitation Counselor (3 hours)

Suncoast Mental Health Counselors Association

Counseling Individuals with Disabilities (3 hours)

Private Practice Symposium (3 hours)

Playful Supervision (3 hours)

Difficulty Cases: A Process of Collaboration (3 hours)

Treating Sexual Dysfunctions and Disorders (3 hours)

The Affordable Care Act (ACA): Impact on the Field of Clinical

Mental Health Counseling (3 hours)

The Collaborative Divorce: A Healthier Alternative for Families and

Helping Domestic Violence Victims through Divorce/Separation

University of South Florida Department of Mental Health Law & Policy

Florida Forensic Examiner Training, Adult Competency (21 hours)

U.S. Journal Training, Inc.

35th Annual Training Institute on Behavioral Health & Addictive Disorders

(21 hours. Includes 2 CEU: Recognition and Prevention of Medical Errors: Skills for Mental Health & Substance Abuse Staff)

2013

American Counseling Association (ACA)

DSM-5: Depressive Disorders, Anxiety Disorders, Bipolar disorders,

ASD/Autism/Asperger's; Personality Disorders (5 hours)

American Healthcare Academy

Adult, Child, Infant CPR/AED

Florida Mental Health Counselors Association (FMHCA) Conference

Qualified Supervisor Training: 2 Day Workshop (16 hours)

NAADAC

Webinar – Understanding and Utilizing the ASAM Placement Criteria (1 hour)

Network Institute of Christian Counseling, Inc.

Intersubjective Approach to Christian Counseling (2 hours)

Premier Education Solutions

Using the DSM-5 for Revolutionizing Diagnosis & Treatment (6.25 hours)

ServiceSource

Ethics in Action (3 hours)

Suncoast Mental Health Counselors Association

Advances in Trauma Treatment & Accelerated Resolution Therapy A.R.T. (3 hours)

It's Our Duty: Reintegration, Resilience, and Well-being (8 hours)

Creative Techniques in Counseling Children (3 hours)

Sharpening Your Clinical Skills: Transitioning to DSM-5 (3 hours)

Historical Roots of Spirituality for All (3 hours)

Using a Family Model of Wellness (3 hours)

Testing and Assessment for LMHCs (3 hours)

EFT – Emotional Freedom Techniques: Cutting Edge Techniques to Transform Your Practice (3 hours)

U.S. Journal Training, Inc.

34th Annual Training Institute on Behavioral Health & Addictive Disorders (21 hours)

2012

American Substance Abuse Professionals

Substance Abuse Professional (SAP) Refresher Course (12 hours)

Ce-classes.com

Aggression Control: Recognition, Proactive Approaches and Diffusion (2 hours)

Network Institute of Christian Counseling

Synchronizing the Divided Heart; Insights in Same-Sex Attraction and Gender Identity Issues (2 hours)

Suncoast Mental Health Counselors Association

Rapid Resolution Therapy: Learn About How to Health the Emotional Wounds of Trauma & PTSD (3 hours)

Using Psychodynamic Action Methods in Private Practice (3 hours)

Medical Errors (3 hours)

Sorting Styles: How to Build Better Relationships (3 hours)

Problem Gambling: The Biggest Secret (3 hours)

Compassion Fatigue: The Importance of Self-Care (3 hours)

Ethic & Boundaries: Revised for 2013 (3 hours)

U.S. Journal Training, Inc.

33rd Annual Training Institute on Behavioral Health & Addictive Disorders (21 hours)

2011

American Heart Association

Basic Life Support

Netsmart University

Addictions, Series B Diagnosis and Treatment, Part A (1 hour)

Addictions, Series B Diagnosis and Treatment, Part B (1 hour)

Infectious Diseases and the Relationship of Drug Use to Their Spread (1 hour)

Network Institute of Christian Counseling

Tax Issues for Counselors (2 hours)

Suncoast Mental Health Counselors Association

Are Effective Counselors Born or Made? Clinical Effectiveness & Tools that Best Serve

Your Clients (3 hours)

EMDR—Trauma Resolution & Beyond (3 hours)

PTSD—A NLP Approach (3 hours)

What Mental Health Counselors Need to Know About Capacity—Legally Clinically (AKA Elder Law Attorneys Can Be Fun) (3 hours)

U.S. Journal Training, Inc.

32nd Annual Training Institute on Behavioral Health & Addictive Disorders (21 hours)

2010

Essential Learning

Best Practices: Behavioral Support & Intervention (2 hours)

Fl. Dept. of Education, Division of Vocational Rehabilitation

Statewide Supervisor Training (13.75 hours)

Netsmart University

Ethics I, Part B: Decisions Involving Therapist & Patient (1.5 hours)

AIDS in the Workplace v.1 (1 hour)

Ethics Series (1.5 hours)

Dual Diagnosis, Part 2, Version 2 (3 hours)

Dual Diagnosis, Part 1, Version 2 (3 hours)

Domestic Violence I, Part A (1.5 hours)

Domestic Violence 1, Part B (1.5 hours)

Crisis Intervention and Risk Management (3 hours)

Cultural Diversity—A Primer (3 hours)

Violence in the Workplace, v.2 (1 hour)

OSHA Basic First Aid, v. 2 (1 hour)

Domestic Violence II, Part B (1.5 hours)

PESI, Inc.

Risk Assessment & Mental Status Exam (6 hours)

U.S. Journal Training, Inc.

31st Annual Training Institute on Behavioral Health & Addictive Disorders (21 hours)

2009

Cross Country Education

Prolonged Exposure Therapy for PTSD (6 hours)

Florida Certification Board

SAP Homestudy (12 hours)

Florida Dept. of Education, Division of Vocational Rehabilitation

Statewide Supervisor Training (14.25 hours)

Area 4 ACED Training (5 hours)

NRA by the Bay (2.5 hours)

Headquarters Supported Employment Training (2.5 hours)

Institute for Integral Development

30th Annual Training Institute on Behavioral Health & Addictive Disorders (21 hours)

Medscape

Pathophysiology and Slow Wave Sleep (0.25 hours)

Operation PAR, Inc.

Verbal De-Escalation (2 hours)

PsyCare

Florida Laws and Rules Consortium; HIV/AIDS Workshop (3 hours)

Florida Mental Health Laws and Rules (8 hours)

2008

Cross Country Education

Attachment and Emotional Regulation Brain-Based Interventions Across the Lifespan (6 hours)

Florida Dept. of Education, Division of Vocational Rehabilitation

State Supervisor and Rehab Technician Training (13 hours)

Statewide Supervisor and Rehab Ethics (3.5 hours)

Communications Coordinator & Employer Liaison Training (10.75 hours)

Area 4 EAT Training (2.75 hours)

Ticket to Work Program Training (3 hours)

Statewide Supervisor Training (14.25 hours)

Florida Institute for Continuing Professional Development

Dialectical Behavior Therapy Workshop (12 hours)

Institute for Integral Development

29th Annual Training Institute on Behavioral Health & Addictive Disorders (21 hours)

Medscape

Depression: Lifestyle and Complementary Therapy to Promote Healthy Moods in Teens (.75 hours)

PESI

Cognitive Behavioral Treatment (7.5 hours)

Mindfulness: The Practice of Compassionate Presence (7.5 hours)

Stephen Ministries

The Stephen Series Leader's Training Course (4.2)

Florida Dept. of Education, Division of Vocational Rehabilitation

Statewide Supervisor Training (16.25 hours)

Supervisor Apprentice Training – Modules 3 &4 (7 hours)

Area 4 Wide Training Eating Right and Living Well (3 hours)

Supervisor Apprentice Training (3.5 hours)

Conflict Resolution Training Program (6.5 hours)

The Training You Cannot Bypass (2.5 hours)

Area 4 Regional Training (9 hours)

Regional Institute for New Supervisors, Session 3 (24 hours)

Everyday Ethical Decisions and Considerations for Counselors: Let's Talk! (24 hours)

Medical Training Workshop (4 hours)

Crisis Management & De-Escalation Training (6.5 hours)

Institute for Integral Development

28th Annual Training Institute for Behavioral Health & Addictive Disorders (19 hours)

2006

Florida Dept. of Education, Division of Vocational Rehabilitation

Orientation to Supported Employment (18 hours)

Area 4 Regional Training (10 hours)

New Supervisor Training (3 hours)

Triannual VR Supervisor Training (14.25 hours)

Manatee County's 10 Year Plan to End Chronic Homelessness

New VR Supervisor Training (14 hours)

Triannual VR Supervisor Training (14 hours)

Operation PAR, Inc.

Motional Enhancement Therapy/Cognitive Behavioral Therapy/Family Support Network (21

HIV/AIDS with Update (2 hours)

2004

Florida Certification Board

Florida Specific Written Review Course (16 hours)

Florida Dept. of Education, Division of Vocational Rehabilitation

Functional Limitations of Psychiatric Disabilities: Ins & Outs of Informed Choice: Tools for Ethical Decision-Making (6 hours)

Florida Dept. of Health

Basic HIPPA Privacy Training (3 hours)

Medscape

Comprehensive Management of Behavioral Disturbances in Dementia (1 hour)

American Psychiatric Association 156th Annual Meeting – Special Topics (Comorbidity w/ Substance Abuse (.5 hours)

Disulfiram and CBT Reduce Cocaine Dependence (.25 hours)

UMDNJ

Spotlight on Remission: Achieving and Evidence-Based Goal in Depression and Anxiety Disorders (1.25 hours)

2003

Florida Alcohol & Drug Abuse Association (FADAA)

Adolescent Chemical Dependency (4 hours)

Florida Dept. of Health

Infection Control Manual (1 hours)

Operation PAR, Inc.

Driver Safety Training: Transportation

Clinical Documentation (6.5 hours)

Why Methadone Works! (2 hours)

Treatment Plan Training (2 hours)

Co-Occurring Disorders (2 hours)

Therapeutic Communities of America Skills (6 hours)

HIPPA for Behavioral Confidentiality and Privacy for the Behavioral Healthcare Providers

with 42 CFR, Part 2 (2 hours)

Quarterly Training (2 hours)

Verbal De-Escalation (2 hours)

Drugs of Abuse: Opiates, Cocaine, Methadone (2 hours)

Drugs of Abuse: Club Drugs (2 hours)

Drugs of Abuse: Tobacco and Other Drugs (2 hours)

2002

Florida Dept. of Health

Computer Systems Overview Basic Training Direct Course (6.5 hours)

EARS Basic Training Direct Course (2 hours)

Operation PAR, Inc.

Confidentiality/Medical Records (1.5 hours)

Risk Management/Safety (1.5 hours)

Performance Improvement (1 hours)

Verbal De-Escalation (2 hours)

HIV/AIDS (4 hours)

Drugs of Abuse 103: Designer Drugs, Opiates, PCP (2 hours)

Effective Group Counseling Strategies & Techniques (3 hours)

Drugs of Abuse 101 & 102 (4 hours)

2001

Florida Alcohol & Drug Abuse Association (FADAA)

Home Study Course in HIV/AIDS (4 hours)

Home Study Course in Substance Abuse Treatment with Criminal Justice Offenders (5 hours)

Home Study Course in Drug Trends: Marijuana, Cocaine, and Club Drugs (2 hours)

Home Study Course in Pharmacology (4 hours)

Home Study Course in Relapse Prevention (3 hours)

Juvenile Welfare Board of Pinellas County

Confronting and Replacing Negative Behavior in Youth (7.5 hours)

Families at Adolescence: Understanding Parent-Child Transitions (3 hours)

Therapeutic Intervention of Sexually Abused Children (7.5 hours)

Sexuality, Contraceptive Use and Pregnancy Among Our Youth (7.5 hours)

Outcomes-Based Drug Prevention (7.5 hours)

Operation PAR, Inc.

Drugs of Abuse 101 (2 hours)

Drugs of Abuse 102 (2 hours)

Domestic Violence (2 hours)

Drugs of Abuse 103 (2 hours)

Ethics: Policy and Standards (2 hours)

Spotlight on Prevention (3 hours)

Drugs of Abuse 104 (2 hours)

Juvenile Welfare Board of Pinellas County

This Child is a Teenager (3 hours)

Out on the Street: Drug Update (3 hours)

Operation PAR, Inc.

Confidentiality/Ethics (1.5 hours)

Verbal De-Escalation (2 hours)

Safety and Risk Management (1.5 hours)

Performance Improvement (1 hours)

Infection Control (1 hours)

HIV/AIDS with Update (4 hours)

Ethics/Standards (2 hours)

Domestic Violence (2 hours)

Sexual Abuse & Trauma (2 hours)

Performance Improvement (1.5 hours)

Performance Improvement (2 hours)

Sexual Abuse & Trauma (2 hours)

Dual Diagnosis 101 (2 hours)

Dual Diagnosis 202 (2 hours)