

Our Counselors



Mac Jacobs, LMHC, LMFT

Ages/Populations: Adults
Modality: Individual, couples, and family counseling
Specialties: Couples counseling, addiction/substance abuse, anxiety, depression, men's issues, life adjustment
Therapeutic Approaches: Humanistic / Existential / Systemic Therapy. Experientially Oriented/ Psychodrama. Solution-Focused Brief Therapy, Cognitive Behavioral Therapy (CBT)



Jane Maguire, LMHC, MCPA

Ages/Populations: Ages 12 and up (some exceptions for younger LGBT clients)
Modality: Individual and couples counseling
Specialties: Addictions (substance use and process), ADHD, anxiety/panic, depression, LGBTQ-specific issues, trauma, women-specific issues
Therapeutic Approaches: Acceptance and Commitment Therapy (ACT), Eye Movement Desensitization and Reprocessing (EMDR), Internal Family Systems (IFS), Mindfulness-Based Cognitive Therapy (MBCT), Psychodrama



Aaron Norton, Ph.D., LMHC, LMFT

Ages/Populations: Ages 13 and up
Modality: Individual, couples, and family counseling
Specialties: Addictions/substance use, anxiety, depression, LGBT issues, relationship problems, career concerns, psychological testing
Therapeutic Approaches: Integrative Cognitive Behavioral Therapy (CBT), Motivational Interviewing, Gottman Couples Therapy, Narrative Therapy, Solution-Focused Therapy



Tanya Bunch Zipeto, LMHC

Ages/Populations: Ages 13 and up
Modality: Individual, couples, and family counseling
Specialties: Trauma, grief, depression, anxiety, codependency, trauma
Therapeutic Approaches: Eye Movement Desensitization and Reprocessing (EMDR), Solution-Focused Therapy, Cognitive Behavioral Therapy for Insomnia (CBT-I)



Michael Ricci, Ed.S., LMHC

Ages/Populations: Ages 13 and up
Modality: Individual counseling
Specialties: Obsessive-Compulsive Disorder (OCD) and anxiety disorders
Therapeutic Approaches: Cognitive Behavioral Therapy (CBT) and Exposure and Response Prevention Therapy (ERP)



Brendon Bass, LMHC

Ages/Populations: Adults, adolescents who identify as LGBTQ+
Modality: Individual counseling
Specialties: LGBTQ+, Trauma, Anxiety, Men's issues (i.e., anger management, emotional repression)
Therapeutic Approaches: Trauma perspective with cultural context utilizing mindfulness, Cognitive Behavioral Therapy (CBT), and motivational interviewing

Insurance/Payer Sources

- Aetna
- BayCare
- Beacon
- Blue Cross/Blue Shield/Florida Blue
- Cigna
- Humana
- Private Pay
- Tricare
- United