

Qualified Supervisors at Integrity Counseling & Coaching, Inc.

1101 S. Belcher Rd., Ste. J, Largo, FL 33771

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www.integritycounseling.net



I have been in practice successfully for 20 years. I have a few speciality areas that include work with trauma, counseling GLBTQ, anxiety/panic, and addictions including love, sex, and relationship. I work with individuals and couples, and the systems that they live within. In the past, I have done a great deal of group work. I draw from various theories such as experiential, systems, cognitive/behavioral, and Acceptance and Commitment Therapy. My counseling style is humanistic, mindful, and active. I utilize psychodrama in my practice. I also use EMDR with clients. I have provided consultation/supervision to students, colleagues, clients, and businesses.



Jane Maguire, LMHC, CAP
www.janemaguire.com



Mac Jacobs, LMHC, LMFT, CAP
www.integritycounseling.net

I have been a psychotherapist in private practice for over 20 years. My counseling style is humanistic and existential. My aim is to increase awareness, clarify and direct intention, and focus effort in order to effect change. Having trained at The Family Therapy Training Institute formerly associated with Family Service Centers in Clearwater, Florida, I think systemically. Having had the good fortune to train with Inso Kim Berg and Steve DeSchazor at the Brief Family Therapy Center in Milwaukee, Wisconsin, I am familiar with Solution-Focused Brief Therapy. My practice as well as my supervision style utilizes Gestalt, Psychodrama and other action-based methods to increase awareness, rehearse behavioral change, and solidify role readiness. I have a general counseling practice and am readily available for consultation.

I have more than 12 years of experience as a clinician and supervisor. My counseling style is warm, empathetic, genuine, eclectic, and practical. I have particular interest in contemporary, evidenced-based therapeutic approaches that merge cognitive behavioral science with mindfulness, promoting a balance between acceptance and change, such as Mindfulness-Based Cognitive Therapy, Acceptance and Commitment Therapy, Dialectical Behavior Therapy, and Motivational Interviewing. I provide evaluation and therapy for individuals, couples, and groups, and I frequently present on counseling topics in the community. Although I work with a wide range of presenting concerns, my clinical specialties include anxiety and depression, addictions, gay and lesbian issues, progressive Christian counseling, and vocational rehabilitation.



Aaron Norton, LMHC, CAP, CRC
www.anorton.com